

gastropost

FOOD MISSIONS FOR FOOD LOVERS



Krizelle Tan
@krizllybear

Japadog's kurobuta terimayo.

MISSION COMPLETED: THE VERY BEST OF VANCOUVER

We wanted the best, and you gave us the best! Vancouver Gastroposters made this mission look easy, with posts of your favourite local foods painting a proud portrait of this great city. [Twitter handles are in blue](#) and [Instagram in brown](#).



Cal Barrett
@caliams0

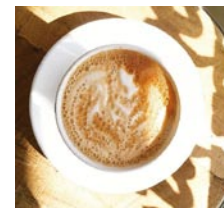
Tractor Foods, a very fine eatery.



Desmond Chun
@globalnoms
Ajsai Sushi Bar has the perfect meal for all of us



Stanley Yuen
@biteofyvr
If you haven't tried Hamburger \$2.85, do it!



Rebecca Coleman
@rebeccacoleman
Best coffee in Vancouver is Continental Coffee



Sharon Ng
@sk_foodoholic
This is the reason why I love Vancouver



Lisa Cheung
@hungryvancouver
Sunshine Diner: this city has amazing brunch



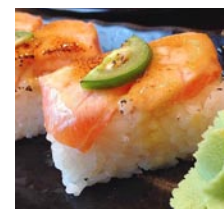
Ivy May McKee
@vivaciousamazon
Zakkushi Charcoal Grill



Annie Wang
@ediblelookbook
Spicy tuna and salmon sashimi from Sushi Town



Akina Weitzel
@newerablog
I donut need any more donuts, Cartems



Chee Yong
@oishiitravel
Aburi sushi at Sushi Yoi



Jen Lin
@grubhubvancouver
Happy hour at Flying Pig is my favourite time



Nickie Graham
@chickenoregg1
For authentic poutine: Anny's Dairy Bar



Lesia Gojda
@elengee
B.C. spot prawns are incredibly sustainable and the season is starting soon.



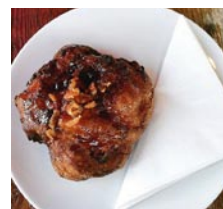
Melissa Woo
@wootang88088
Taking a breather with Soft Peaks



Larissa Ho
@larissahooo
Fried chicken is the best, even better at Church's



Lana Shahar-Kulik
@lagoonca
Strawberry margaritas at Flying Beaver



Zara Liu
@z_liu
Hands down the best donuts at Lucky's



John Lee
@johnlee604
Coffee at Prado Café



Judy Hoshi
@judyhoshi
Oyama sausage, Bread Affair baguette, on a boat



Areta Wong
@foodgressing

Blood orange sorbeto from Bella Gelateria is heavenly!



YOUR FOOD COULD BE IN THE PAPER, TOO

MISSION PARTNER



Last week, our Mission Partner, EAT! Vancouver, asked you to see what all the #EATBUZZ was about with the festival's participating restaurants, vendors, cafés and shops. Here are some of the local Vancouver visits you made:



Winnie Wong
@winn_17

A beautiful day calls for a croissant with avocado, watermelon radish, endive and apple at Beaucoup Bakery. Best croissant in the city!



Vashti Verbowski
@vashtiverbowski
The best brunch is at Café Medina



Elaine Deng
@eebeeebee
Okanagan apple tart at YEW Seafood + Bar



Nicole Doornbos
Frequent Gastroposter
My Shanti pre-dinner snack.



Jessica Smith
@jesssmithphotog
Best of Vancouver brought me to Cactus Club Café



Lorene Oikawa
@lorene1voice
Thomas Haas makes the very best croissant



Amal Pingol
@ms_dimples0428
Double fisting at Bella Gelateria

JOIN US!

- ✓ Get your food pics & ideas published in The Province
- ✓ Be the first to find out about new missions

YOUR NEXT MISSION: GOT THE MUNCHIES

Maybe it's something in the air, but we're starting to feel a little peckish. Who are we kidding, any time is fine for snack time! So this week, **we want you to celebrate the meals between meals.** And while



there's nothing wrong with a bag of chips or celery and carrots as a quick fix for your cravings, we'd love to see you take nibbles to the next level.

Photo of prawn fritters by Gastroposter Bennett Chin

GASTROPOST IT

Whatever you eat in order to complete the mission, **the important part is sharing it with the Gastropost community.** There are several ways to do that:



Follow us on Instagram and tag a photo with #gastropost



Post a photo through Twitter and tag it with #gastropost



Post directly to our website

Visit gastropost.com to see what your fellow Gastroposters have been eating.

gastropost.com

DON'T HESITATE TO GET IN TOUCH WITH US. WE'D LOVE TO HEAR FROM YOU.

Email us at vancouver@gastropost.com

Or contact us through Twitter at @GastropostVAN

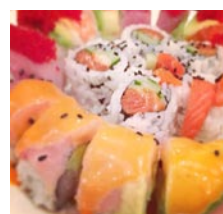
Follow us on Instagram at @GastropostVAN



Karina Mikertumova
@flavourhunter
Nacho fever at Tacofino



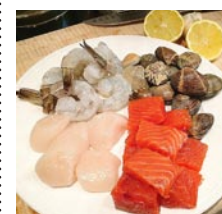
Alisha Duncan
@leashae
No one does a burger better than Tap & Barrel



Marcia Shimizu
@marciashimizu
We're lucky to have so many good sushi joints



Nicola Quan
@sweetxrehab
Dinner date at Chewies



Stephanie Bury
@stephanie_bury
Seafood is so good



Melissa Cloke,
@thedipnchip
Enjoying some mussels at The Abbey



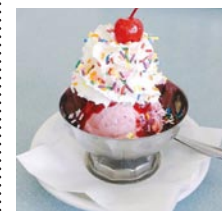
Taylor Page
@fancy_frites
The best latte art comes from Musette Caffe



Yosh Kasahara
@ykasahara
Cod taco at Fish Counter is a true Vancouver gem



Laurie Joe
@tea.latte
Totoro gingerbread while enjoying cherry blossoms



Calyx Serafini
@calyxserafini
Strawberry sundae at Glenburn Soda Fountain