

gastropost

FOOD MISSIONS FOR FOOD LOVERS



MISSION COMPLETED: TOP OF THE CLASSICS

We challenged you last week to revisit foods that are classics because they deserve to be. Your dishes were straightforward, but sometimes included a bit of a modern spin. On these pages, [Twitter handles are in blue](#) and [Instagram in brown](#).



Jennifer Lam
[@jkayul](#)
Yummy grilled cheese



Kimberly Mas
[@kimberlymas](#)
Authentic Japanese ramen



Rosita Lam
[@pearlorange](#)
Not just any sandwich. It's the DQ Sandwich!



Tac Amano
[@tacamano](#)
Classic salmon Benedict



Terri Brandmueller
[@tbrandmueller](#)
Pineapple upside down cake



Alice Ng
[@feedsenses604](#)
A thick and creamy milkshake



Alisha Duncan
[@leashae](#)
Classic butter tarts, simple and delicious



Thor Kofoed
[@thorstormlord](#)

This is classic to me. The carrots are from The Local Harvest, Chilliwack, and the steak is from Oliver.



Angie Wright
[@fridaycakenight](#)
A classic chocolate cupcake



Viona Halim
[@vionh](#)
Margherita pizza, classic Neapolitan food



Bernadette Lagrito
[@bee_dette](#)
Classic spaghetti and meatballs



Tracy Woodside
[@tracylynn50](#)
Booyah, casserole!



Areta Wong
[@foodgressing](#)
The classic bagel and cream cheese



Jessica Loo
[@westcoastfoodie](#)
Three cheeses with tomato, grilled



Todd Jacobs
[@simplydelish14](#)
I see steak in my future



May Baldonado
[@maymayb68](#)
Classic breakfast croissant



Candy Chan
[@candy2109](#)
Classic pho



Potatojia Xie
[@potatopandarj](#)
Yummy classic pork bone soup



Tasha Leginus
[@natashybear](#)
Classic eggs Benny!



Lisa Rees
[@maisonrees](#)
French beans with cipollini onions



Christa Langdon
[@crystalangdon](#)
Quiche and shepherd's pie



Sam Seto
[@sseto604](#)
Braised beef short ribs



Natasha Burditt
[@platahpus](#)
I made a lot of chili



Kenneth Wong
[@sirburus](#)
Poutine, a timeless classic



Sara O'Dell
[@sweetdashofsass](#)
Pasta with meat sauce



Shannon Spier
[@shanspier](#)
My all-time fave breakfast, PB&B



Jodi Hill
[@algyax](#)
Classic eggs Benedict breakfast



Amelia Tan
[@iamcrankstar](#)
Mac and cheese with farfalle pasta instead



Derek Chu
[@livederekchu](#)
Classic baked meatloaf



Josh Sitoh
[@joshsitoh](#)
Classic lemon chicken



Natasha Carson
[@ig.natasha](#)
Triple-layered chocolate cake



Yosh Kasahara
[@ykasahara](#)
Grilled cheese sandwich and tomato soup

YOUR FOOD COULD BE IN THE PAPER, TOO



Lena Huynh
@lelehuynh
Cheesy bacon mashed potato casserole



Courtney Washington
@queupeycat
Strawberry milkshakes



Emily Van Dijk
@emmilyvandijk
When life gives you lemons, make a lemon meringue pie. Classic but always a favourite.



Annie Tasaka
@anniethetrainer
Classic cupcake perfection



Jeff Kee
@jeffkee
Porchetta. Need I say more?

JOIN US!

- ✓ Get your food pics & ideas published in The Province
- ✓ Be the first to find out about new missions

YOUR NEXT MISSION: SOUP IT UP

This week we fend off the gathering cold with a warming bowl of sustenance. **Your task is to eat soup**, from filling **French onion** to vivid **vegetable** to a **chowder** that will chase the chills away.



Photo by Gastroposter
Melissa Quantz



Kristen Baltzer
@originbodies
Grilled chicken breast with roasted veg



Elaina Yuan
@laineeb
Chicken Alfredo



Jadranka Fodor
@j.fodor
Chocolate cake



Stephanie Koch
@inherited_jeans
Maple syrup on a roasted marshmallow



Alexandra Rathgeber
@chilipandp
Butter tarts are a Canadian classic

GASTROPOST IT

Whatever you eat in order to complete the mission, **the important part is sharing it with the Gastropost community.** There are several ways to do that:



Follow us on Instagram and tag a photo with #gastropost



Post a photo through Twitter and tag it with #gastropost



Post directly to our website



Lindsay Cullen
@vancityling
Classic Black Forest cake



Ted Andrew
@tedandrew
Grilled cheese and carrot sticks



Maria Masi
Frequent Gastroposter
English trifle and Earl Grey tea



Apple San Diego
@sexiesassie
It doesn't get any more classic than spaghetti



Sally Wong
@xkikari
Rustic homemade pumpkin pie

Visit gastropost.com to see what your fellow Gastroposters have been eating.



Shannon Pang
@shannon_pang
A comforting warm peanut butter sammie



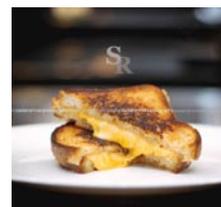
Sean Neild
@yvrbcbro
My mom's classic baked chicken



Mary Sheridan
@maryinvancity
Caesar salad, a simple dish worth revisiting



Julieta Campuzano Moreno
@jul3s89
Pork barbecue ribs with fries



Sadat Rahman
@sadat_rahman
A classic grilled cheese sandwich

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DON'T HESITATE TO GET IN TOUCH WITH US. WE'D LOVE TO HEAR FROM YOU.
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