

gastropost

FOOD MISSIONS FOR FOOD LOVERS



Mark Oh
@markymark5525
Pork cutlet reminds me of my mom



Emily Bragg
@embraggles
English muffin with goat cheese and jam



Junco Kumon
@juncotothebird
Japanese side dishes were often on the table



Melody Nishi
@melnishi
Brunch with my mom. I love my mom



Alicia Krywaniuk
@alicialyn
Mother's Day brunch



Alex Hughes
@ahuge
Happy Mother's Day, Mom



Stephanie Co
@yummybites604
Cupcakes made with love, cookies and cream



Leah Balanza
@leahkb_
Homemade hot pot for Mother's Day



Moriah Hardy
@moriahhdawn
Momma made me breakfast



Robin Leung
@eatwithrobin
Lobster feast on Mother's Day



Jaelyn Garcia
@tenthousandthspoon
Menuzo is a popular Filipino dish usually served during family gatherings. It's a kind of stew with either pork or beef as main ingredient.

MISSION COMPLETED: MOTHER'S WAY

Your challenge last week was to show us your mother figures' influence on your diet, plus your Mother's Day treats. On these pages, **Twitter handles are in blue** and **Instagram in brown**.



Joyce Lam
@vanfoodies
Afternoon tea, Fairmont Vancouver



Ashley O'Mara
@ash_minxy
Pulled "pork" tacos (actually jackfruit)



Anastassia Astra
@bananapandaana
Authentic Russian borscht to celebrate



Chelsea Novak
@novak_chelsea
Spinach and brie Benny



Christine Lang
@christilang111
Mom's waffles with berries



Sharon Li
@baybayq
Happy Mother's Day with sweets



Flora Yon
@floraay
Eggs Benedict. Happy Mother's Day



Leila Kwok
@leilakwok
My mother-in-law's homemade dumplings



Caylie Warkentin
@cayliewarkentin
My mom makes delicious fish and seafood



Josee Thibault
@spacepuppies
Childhood-style cupcakes



Manuela Manushi
@healthy_equalshappy
Fruit platter with a banana heart for Mama



Meg Galang
@gallymoggers
Hokkaido cupcakes for Mother's Day



Jennifer Charman
@jrcharman
Freshly baked lemon meringue pie



Natasha Kammerle
@doonebuggy
Belated Mother's Day dinner



Vivian Leung
@sugarandscrubs
Mother's Day brunch, Catch122, Gastown



Michelle Chan
@michiec_
Green tea chiffon cake for Mom



Sara Kang
@kangkang93
Mother's Day dinner: Korean food



Sana Ghazi
@sanaghazi
The proof is in Mama's egg pudding



Annabelle Revie
@veganvirgin
Shepherd's pie reminds me of my lovely mum



Melanie Cotiangco
@coty5mel
This is my version of my mother's pancit



Diana Lim
@dianalim01
Corn and egg soup brings back memories



Tatyana Kiseleva
@raw_kiseta
No-salt, no-oil vegan soup for my mom

YOUR FOOD COULD BE IN THE PAPER, TOO



Rhythm Tang
@rydumms
Some cake made with daughterly love



Elyse Pearson-Roach
@bakingbyelle
Violet mum for my beautiful Mom



Olivia Rouleau
@livrose09
Fried egg and a veggie omelette



Tazim Damji
@beingtazim
Yummy vegan waffles for my mom



Tac Amano
@tacamano
Beef and potato stew, Mother's way

MISSION PERK:

Tickets to the CHEF preview screening!



We know Gastroposters love food, so we want you to see this summer's most delicious comedy: Chef from Jon Favreau, also starring Scarlett Johansson, Robert Downey Jr., Sofia Vergara and John Leguizamo. The first 75 Gastroposters who complete this week's mission by tagging #gastropost and #ChefMovie will receive a double pass to a special Gastropost screening!

Offer good until Wednesday, May 21, 2014 at 10:00 a.m. PT, or until the Ticket Offer is depleted, (whichever occurs first). Maximum of seventy-five (75) Promo Offers available. Limit one (1) Promo Offer per person. Offer limited to residents of British Columbia who are 18 years of age or older and members of Gastropost. For complete Terms and Conditions, visit vancouver.gastropost.com/chefmovieterms.



Roanna Young
@roannay
Mother's Day sweets from Soirette



Alana Romain
@alanaromain
Mother's Day dessert



Maya Greiff
@mgreiff
Mother's Day picnic



Yoonyoung Jahng
@yjcreative
Four essential ingredients in Korean cooking



Chiara Fabbro
@chiarazzard
Lemon curd and vanilla ombre cake



Christine Jung
@pandaacakes
Peking duck from Mother's Day dinner



Susie Nam
@justmizpeach
Tamagoyaki like mom makes it



Whitney Briand
@whbriand
Steamed kangaroo buns, lamb pot stickers



Heather Beaty
@heathbt
Chocolate ganache cake for my mother



Jo Vanderwolf
@joandsue
Mom's favourite peanut butter cake



Sarah Sim
@sarahsim
A little Mother's Day tea for my ma



Christa Yeung
@kuriboshi
A matcha tart I made for Mom



Thor Kofoed
@thorstormlord
Mother's Day dinner



Sylvester Canasa
@sly_canasa
Mother's Day roast beef dinner

JOIN US!

- ✓ Get your food pics & ideas published in The Province
- ✓ Be the first to find out about new missions

YOUR NEXT MISSION: HEAT UP THE GRILL

It's time to head outside and start the grilling season! **Your mission this week is to eat something cooked on the grill.** Perhaps you'll show us your first time this year, as Gastroposter **Ana Douglas** did when she made these delicious-looking veggies?



GASTROPOST IT

Whatever you eat in order to complete the mission, **the important part is sharing it with the Gastropost community.** There are several ways to do that:



Follow us on Instagram and tag a photo with #gastropost



Post a photo through Twitter and tag it with #gastropost



Post directly to our website

Visit gastropost.com to see what your fellow Gastroposters have been eating.

gastropost.com

DON'T HESITATE TO GET IN TOUCH WITH US.

WE'D LOVE TO HEAR FROM YOU.

Email us at vancouver@gastropost.com

Or contact us through Twitter at @GastropostVAN

Follow us on Instagram at @GastropostVAN